

**Minutes for
Gorham/Westbrook TRIAD
Meeting 10/8/10**

Next monthly TRIAD meeting will be Nov. 12th 8:45am at the Westbrook Safety Building

Meeting called to order on 10/8/10 @ 9:05 AM by Doris Ames, co-chair

Present: Doris Ames, Terri Norton, Mary Vetterline, Nathan Acker, June Scothorne, Fred Collins, Grace Bryant, Greg Dewitt, Mary Myers, Patsy Kimball, Dottie Cusic, Ted Hatch, Bill Jenks, Gail Platts, Sara Forgione,

Committee Reports – no reports

Old Business:

Leaf Raking/Snow Shoveling:

Doris Ames reported that there have been no calls for leaf raking. Dates for collection are 10/9th and 10/23rd. Contact person for Westbrook is Fred Collins (854-8327) and Gorham is Doris Ames (839-2948).

Tips for Cable Stations:

- A. The Gorham Health Council has medical equipment to loan out. They also have an overstock of walkers they are giving away.
- B. File for Life
- C. Blinking Light
- D. Education for First Alert Necklaces
- E. Videos from SMAAA (Ted Hatch will contact Eileen Whynot)

Calendars/Stickers/Hats & T-shirts:

Fred Collins reported that there is a cost to have TRIAD calendar's printed. If we decide to do this, we will need to start in the spring for the 2012 calendar. Ted Hatch talked with Port City Graphics and they can print stickers for TRIAD's scheduled meetings. There will be a charge for the stickers but the TRIAD does have funding for it. Fred Collins will design a decal for hats and T-shirts for the next meeting.

Cell Phones:

Ted Hatch will collect the emergency cell phones and pass out to seniors in need while Dave Garthe is away.

Numbers Up:

TRIAD would like to make a video on the importance of having house numbers on every residence. Ted Hatch will talk with the planning board to see what is involved in making **Numbers Up** mandatory.

Newspapers:

Terri Norton is emailing the American Journal and Gorham Times each month with the TRIAD meeting date, time and place.

Medication Collection:

Portland has put the medication collection on hold due to a funding issue. Mary Vetterline will call CVS to ask if they still have packets to put used medications in.

Field Trip:

The Gorham Rec. Dept. has interest in combining efforts with the TRIAD for a field trip to the Churchill Property in Buxton.

Charter:

On hold until next meeting.

Non-Profit

Ted Hatch and Bill Jenks are still working on.

New Business:

Elder Abuse Day: Will be discussed next meeting when Nathan Acker is present.

Senior to Senior Program: Will be discussed next meeting when Dave Garthe is present.

Senior Wellness Day: Greg Dewitt spoke briefly about the Kennebec TRIAD he belonged to and shared with the group things they accomplished. Our TRIAD had interest in putting on a Wellness Day in the future. The Gorham Rec. Dept. has interest in participating in this event. More discussion about this at the next meeting.

The meetings will be changed from 9:00am – 10:00am to 8:45 – 9:45am.

Meeting adjourned @ 10:00

NEXT MEETING: Nov. 12th @ 8:45 AM at the Westbrook Safety Building